

ARKA

BULLETIN OF ROTARY CLUB OF CALCUTTA SUN CITY



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Zero
Thalassaemia
Foundation The
Zero Thalassaemia
Foundation, led
by DGE Dr.
Ramendu
Homchaudhuri,
aims to create a
Thalassaemia-free
India through
awareness,

partnerships, and carrier screening. The primary aims are creating awareness at multiple levels, forging partnerships with stakeholders and providing opportunities for screening of carriers. The Foundation also aims to bring together various agencies working towards a common goal of eradicating the genetic disorder.



The logo was unveiled on 23rd February as the day was special being Rotary's 120th birthday.

Let us pledge our support to our own DGE Dr Ramendu Homchaudhuri's initiative towards ZERO THALASSEMIA and appeal all to join in this long haul towards a Thalassaemia Free India.

This initiative is a call for every person in the society to join hands

#ThalassaemiafreeIndia

#ZeroThalassemiaFoundation



TELL PEOPLE ABOUT THE PAIN OF THALASSEMIA

MAKE THEM TAKE THE
THALASSEMIA SCREENING TEST



Thalassemia Testing and Awareness Thalassemia HPLC tests and awareness programs were conducted at Tara Devi Harakh Chand Jain College and Shibpur Dinobandhu



Institution, benefiting numerous students. otal beneficiaries were 101 boys & girls

On 2nd January 2025, our club organised a program at Shibpur Dinobandhu Institution, Kazipara, Howrah as part of Student's week celebration. Club arranged Blood test for Thalassemia detection of 76 students conducted by SSKM



Hospital. The program was supported by Rtn Basudha Ganguly and Rtn Ruma Pal.

Global Warming Lecture Rtn Ruma Pal delivered a lecture on global warming and distributed saplings to students, emphasizing environmental consciousness. More than 100 students participated in the program.



Thalassemia is a Global tragedy.

Rotary need to have Global presence.

It is 100th years of known existence of Thalassemia. In 1925 Anaemia death near Mediterranean zone was reported and it was named mediterranean Anaemia.

Dr Cooley, paediatrician observed that it's anaemia but conventional treatment with iron hastens death it was then known as Cooley's anaemia.

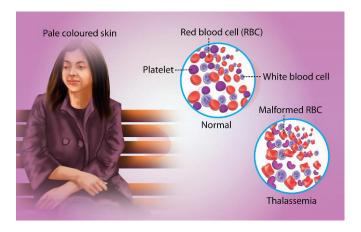


Later in 1943, it was established that biological parents are responsible. It was found to be totally carrier dependent, non-infectious, dreaded life paralysing disorder. Reason is absence of blood manufacturing organ.

Two thalassemia affected minors (called carrier) may develop a MAJOR problem, that is Thalassemia or else NEVER.

A carrier can donate blood if their haemoglobin level is normal.

IN case of a couple, if one is carrier and the other is normal, thalassemia will Never Ever be there in their offspring.





At Rotary we manifest the love we have for other people and for humanity. A journey of a thousand miles begins with a single step. Creating societal change at scale calls for a collaborative approach. This is what has led us to the Rotary platform.

There is no time to waste. We must defeat the mighty enemy Thalassemia. Love for people and humanity will help us to win over the hurdles.

Thalassemia is not just a disease; it is a preventable tragedy.

Rotary has been working to eradicate polio for more than 35 years, now time has come to unitedly progress in the fight to rid the world of Thalassemia also, forever.

What is thalassemia:

Thalassemia occurs mainly in two forms: Thalassemia Minor and Thalassemia Major.

Thalassemia Minors are carriers of the disease and are most likely to lead a normal life, while a person with Thalassemia Major may have severe symptoms and may need regular blood transfusions. However, this epidemic is EASILY preventable by conducting basic awareness to undergo premarital HPLC test for carrier detection. EITHER parent must be a non-carrier.

A high-performance liquid chromatography (HPLC) test is performed to identify and quantify abnormal haemoglobin in the blood. It's used to diagnose and monitor blood disorders like thalassemia, anaemia and sickle cell disease.

Why is an HPLC test done?

- To diagnose inherited blood disorders like Thalassemia.
- To screen for abnormal haemoglobin in newborns
- To identify if someone carries abnormal haemoglobin genes that could be passed on to their children
- · To monitor disease progression
- To diagnose inherited conditions and save a family from getting ruined.

On 19th November, the Sun City team visited **BODHANA**, State Child Protection Society. Our club distributed 100 blankets, 100 bedsheets, and 100 pillow covers. It was a Rs. 35,000 projects. Rtn. Parijat Pal Chowdhary, Mrs. Ratna



Mitra, Rtn. Indrani Bardhan and Rtn. Piku Saha contributed generously to make it a success.



Artworks of Bodhana residents were so amazing that we couldn't resist buying few of their handcrafts for ourselves. Felt honoured to be part of this project.



Members participated in the **Thalassemia Walk** at Golf Green Central Park organized by Kolkata Hridam and Rotary Club of Calcutta Sun City on 9th February, Sunday at 7 am. Several members, hundreds of residents and participants from Hridam joined the walk.



The walk was organized to raise awareness and support for Thalassemia patients. We salute all who participated to make the event a success.

Drinking water and refreshments were arranged for those who participated in the walking competition.

Seminar on Awareness of thalassemia prevention was



organized at Jadavpur Sammilito Balika Vidyalaya on 14th January 2025. Also conducted awareness programs on Cervical Cancer by Dr Bandana Homchaudhuri.

Dr Bandana Homchaudhuri delivered an excellent speech on the importance of Thalassemia and Cervical Cancer awareness. Special thanks to Rtn. Sreelekha De Bera for her invaluable support.



Club handed over water filters to the school authority to promote clean drinking water.



Virangana program was held on November 27th at Lady



Brabone College. Total attendance was 40. The Rotary club of Calcutta Sun City provided the dress, certificate and food for the participants. One phycologist and one nutritionist were present and each of them talked to them for 45 minutes. Timing was 10 am to 5 pm. HPLC test was held for another 50 students. Total cost was of the project was Rs 32,000/-



What a **gorgeous Club excursion** with class, that too in Jagannath Dham, our beloved spiritual & holy place Puri. President and the First Lady organised a wonderful excursion from 24 to 26th January. Thanks to both for their efforts in making it a success.



A special word of thanks to Rtn. Sreelekha who personally took initiative to book the wonderful hotel we stayed in and others, who extended their cooperation. Missed the members who could not attend due to some reason and missed the fun.



It was a highly entertaining and motivated picnic cum excursion with high volt enjoyment.





The Rotary Club of Calcutta Suncity's outreach program is a testament to the power of community service and the impact of collective efforts in making a positive difference in the lives of others.



On 29 Dec 2024, a team of 8 Rotarians from our Club embarked on a heartwarming **outreach program to Chhokurhat, Laxmikantapur**. They spent quality time interacting with the skilled women artisans engaged in traditional 'Shola' craft and 'Gur' making.



As part of their community service initiative, the team distributed 100 warm blankets among the

artisans, bringing joy and comfort to their lives. This generous donation was made possible by the kindness of Rotarian Sujata Sen.



Rotary Club of Calcutta Sun City Hosted International Cultural Exchange with Russia at ICCR



Our club in collaboration with RICE (Russia India Cultural Exchange) and Gandhar Pancham successfully hosted a mesmerizing Classical Cultural Program at the Indian Council for Cultural Relations (ICCR). This unique event celebrated Indo Russian cultural ties, bringing together art, music and diplomacy on a common platform.







The evening featured a blend of Indian and Russian traditions, promoting cultural interaction between the two countries.



The event was open to the public free of cost with attendees enjoying warm hospitality over tea and coffee.



The program was graced by eminent personalities including Grigory Antonenkov, Senior Council General of the Russian Federation in Calcutta, Pandit Dr Ranajit Sengupta - globally renowned Sarod maestro & music composer, and Dr Ramendu Hom Chaudhuri - District Governor (Elect) Rotary District 3291.



The event reinforced Rotary Club of Calcutta Sun City's commitment to fostering cultural exchange and strengthening global friendship. The evening's performance and interactions highlighted the shared artistic heritage of India and Russia leaving audience spellbound.